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E.R.M.H.S









ERMHS Services

Educationally Related Mental Health Services is a related service of the Special Educational Department of Palm Springs Unified School District. Like other related services in special education, E.R.M.H.S. is accessed through a student's Individual Educational Plan (I.E.P).

If a student is demonstrating difficulty in social, emotional, or behavioral areas which are greatly impacting their academic progress and ability to access their education, they may benefit from an ERMHS assessment.

After consultation, an ERMHS assessment is added to the student's assessment plan with the parent's permission of acknowledgement. This assessment includes a parent and student interview, academic interviews, observations, review of educational records, and may include a review of medical records, with parent permission. This assessment will make a recommendation for mental health services and supports that may benefit the student.

The goal of these services is to assist and support the student with building the skills necessary to make academic and educational gains.

All E.R.M.H.S services are provided at the student's school site and are provided during school hours.

Alternative arrangements can be made, if necessary, for service delivery, such as an educational facility or building. Optimal service delivery includes the collaboration of the mental health therapist with the educational site and the student's family.

For more intensive therapeutic services, Palm Springs Unified School District has therapeutic classrooms located at the elementary, middle, and high school levels. These therapeutic classrooms may benefit a student who is struggling within a comprehensive school setting. These classrooms typically have fewer students and more adult staff and supports. A determination for a therapeutic classrooms setting are made through the I.E.P. process.



Parent Support

The mission of Palm Springs
Unified School District is to
prepare children for careers
and higher education, where
they can succeed and contribute
to the common good.

Parental support and involvement is a key ingredient to the success of each student. Children benefit from their parent's participation in their education and other related services. If a student is receiving E.R.M.H.S. services, parent counseling or case management may be a part of those services.

Positive Action parenting classes, offered in both English and Spanish, are available on a rotating schedule. Topics range from parent self-care, mental health, and increasing the parent/child connection through social skills. Please refer to the district website for class information/sign up.

https://www.psusd.us/Page/6830